

Moisture Physics

Dr John F Straube
Dupont Young Professor
Department of Civil Engineering
School of Architecture
University of Waterloo
Waterloo, Ontario, Canada

www.civil.uwaterloo.ca/beg



BEG
Building Engineering Group

Moisture Control

- Moisture-related Problems
 1. **Moisture** must be available
 2. There must be a **route** or **path**
 3. There must be a **force** to cause movement
 4. The material must be **susceptible** to damage
- Theory: eliminate *any one* for complete control
- Practise: control *as many as possible*



4

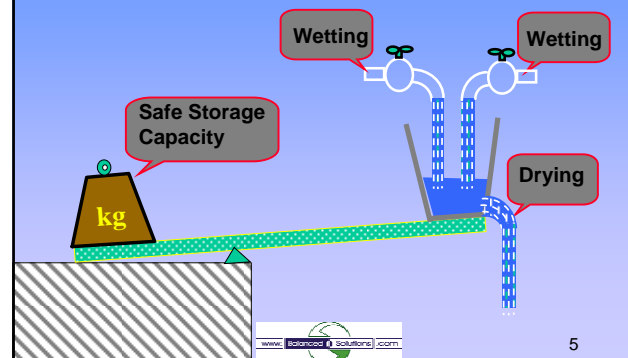
Building Enclosure Performance

- Problems
 - many relate to moisture!
 - Cracking, heat loss etc are also important
- Common “Causes” - Design error
- Moisture Sources
 - Rain, ground, water vapor in air
- Solutions
 - case specific
 - But ... fundamentals are general



2

Moisture Balance



5

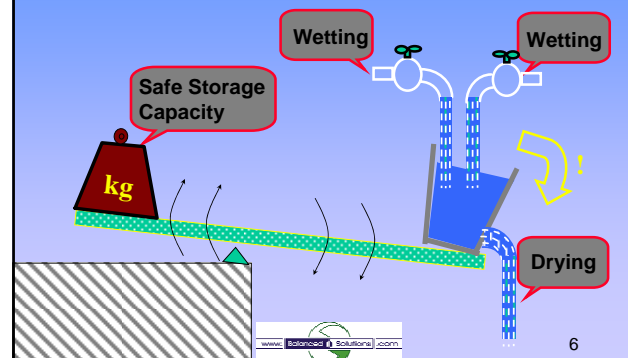
Moisture and Buildings

- Moisture is involved in almost all building enclosure performance problems
 - In-service Durability
- Examples:
 - rot,
 - corrosion,
 - mould (IAQ)
 - termites (!),
 - staining
 - shrinkage/swelling
 - etc.

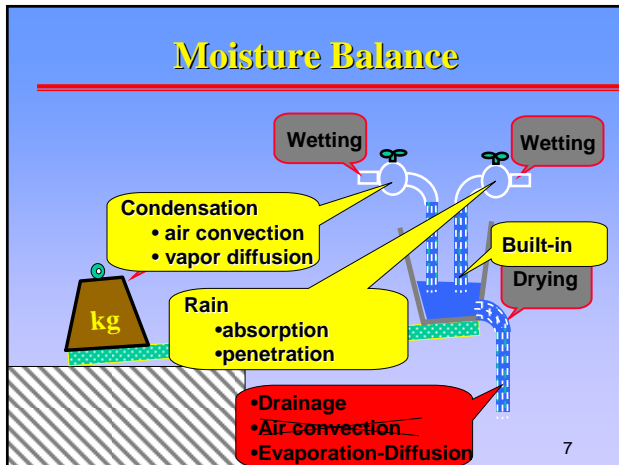


3

Moisture Balance



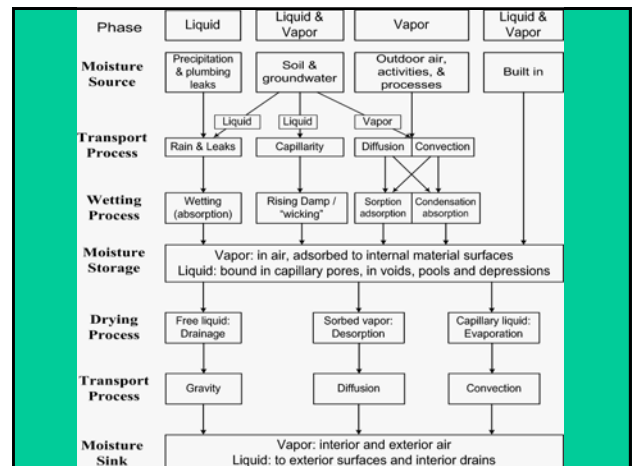
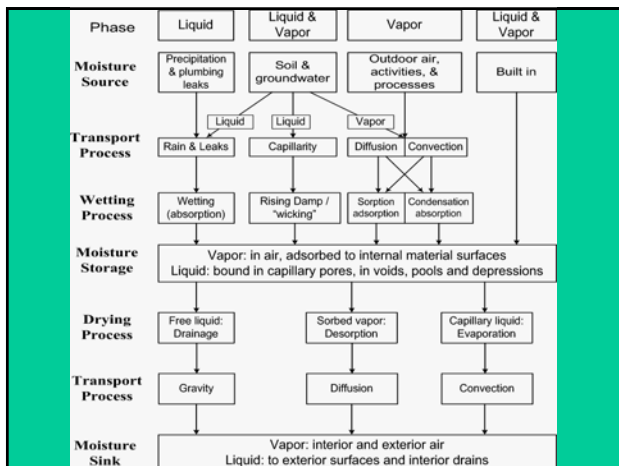
6



Moisture Physics

- The Basics: The Moisture Balance
 - Wetting, Drying, Storage
- The Water Molecule
 - Phases, vapour pressure
- Porous Media – wood, concrete drywall
- Moisture Storage
- Moisture Transport – diffusion, capillary

10



Overview

- Moisture and Building Science
- Moisture storage in porous materials
- Moisture transport through porous materials
- Material performance thresholds
- Modeling

9

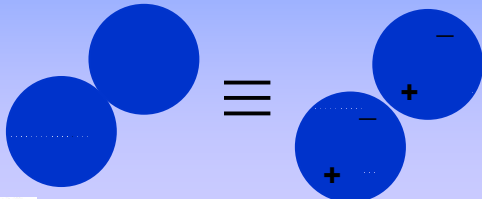
The Water Molecule

- Asymmetrical = polar
- Small: one billion = one foot

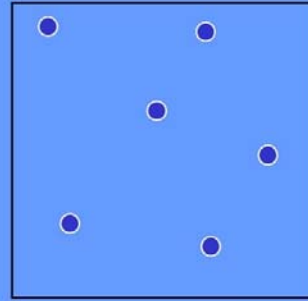
2

The Polar Molecule

- Hydrogen end is “more” positive
- Oxygen end is “more” negative



Moisture as a Gas (water vapor)



Polar Implications

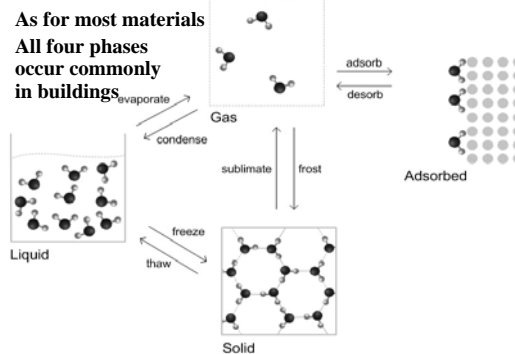
- Boiling point
 - higher than predicted
- Adsorption
 - water vapour sticks to surfaces
- Surface tension
 - liquid water sticks to itself and surfaces
- Surfactants
 - interact with water at surfaces

Vapour Pressure

- For water vapour in a container
- Higher temperature
 - = more energy
 - = higher velocity
 - = harder collisions with wall (higher pressure)
- Greater number of molecules
 - = more collisions with walls (higher pressure)
 - = pressure simply another measure for moisture content

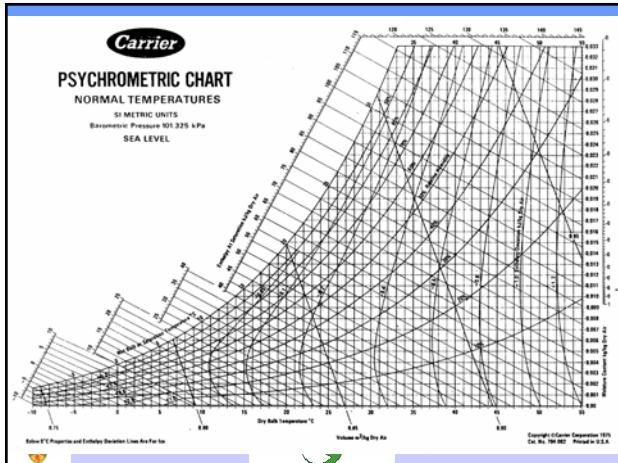
Moisture Phases

- As for most materials
- All four phases occur commonly in buildings



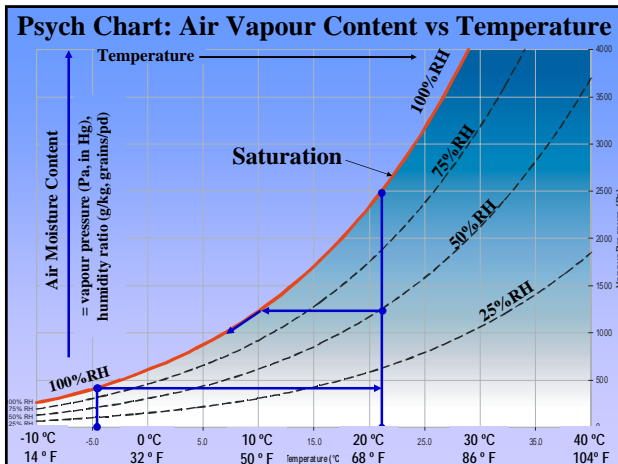
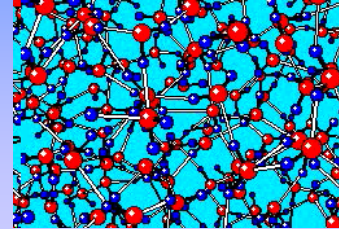
Water Vapour in Air

- Water vapour exists in all air
- Air has a maximum vapour holding capacity
 - Capacity changes dramatically with temperature
 - When the maximum holding capacity is exceeded, condensation occurs
- These facts are summarized by the psychrometric chart



Vibrating Liquid Water

- Red= Oxygen (big, M=16)
- Blue = Hydrogen (small, M=1)

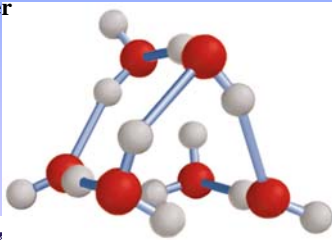


Moisture as Liquid

- Single vapor molecule is small
- Liquid cluster is large
- Hence, Gore-Tex & Tyvek
 - Vapour molecules pass through small openings
 - Liquid molecules repelled by hydrophobic
 - E.g., try a pin hole in housewrap

Moisture as a Liquid

- Polar molecules stick to each other
- Liquid water exists in clusters
 - e.g., $H_{120}O_{60}$ at room temperature
 - Clusters get smaller with higher temp



Moisture as a Solid

Canadian moisture jokes

off the mark

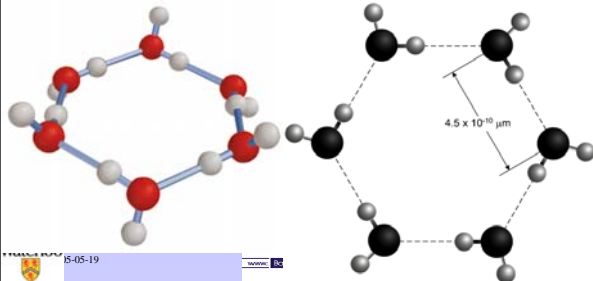
by Mark Parisi

www.offthemark.com

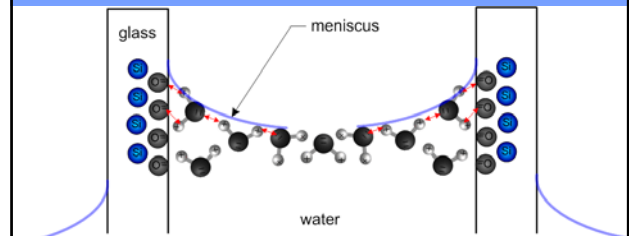


Ice : Moisture as Solid

- Ice forms a crystal and expands as it freezes
- e.g., lower density by 9%



Capillary Suction Pressure

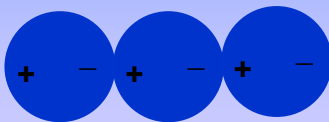


Silicon dioxide (glass) – attracts water
Result - meniscus, capillary suction

28

Surface Tension

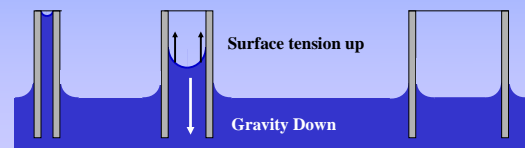
- Water is attracted to self
- Creates a “membrane” or “surface film”



26

Capillary Pressures

- Result of surface tension = attraction to surfaces
 - pressure varies with pore size
 - e.g., height rise in a glass tube

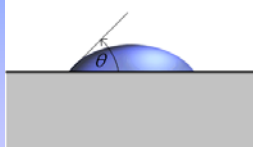


29

Surface Tension: Wettable

Water attracted to surface more than self

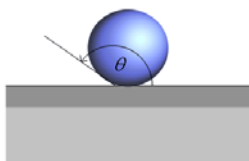
$$\theta < 90^\circ$$



normal material:
“wettable”

Water attracted to self more than surface

$$\theta > 90^\circ$$



hydrophobically treated:
“non-wettable”

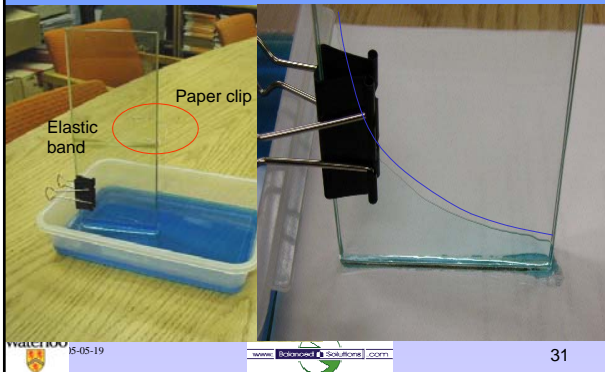
27

Surface Tension



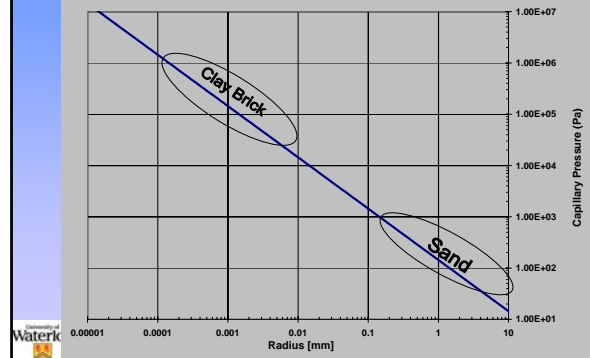
30

Capillary rise between plates

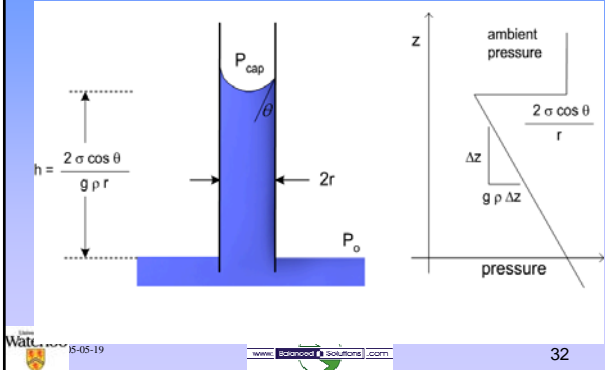


31

Particle Size vs Capillary Suction



Calculating capillary rise



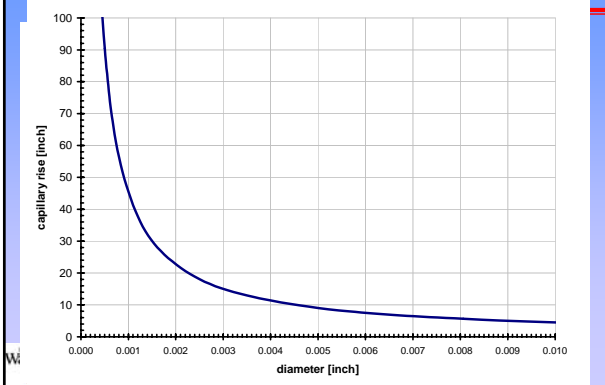
32

Surfactants

- Changes the way water molecules interact with surfaces
 - dramatically reduces surface tension
- Soap is a surfactant
 - connects water to grease
 - one end is polar
 - one end is non-polar (sticks to oil and grease)

35

Capillary rise versus diameter



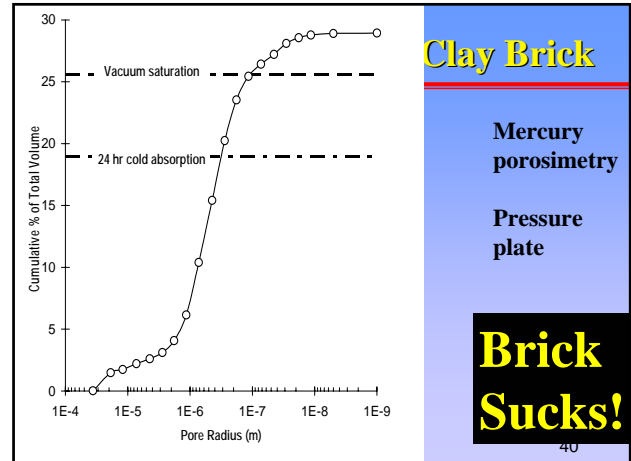
Soap and Water



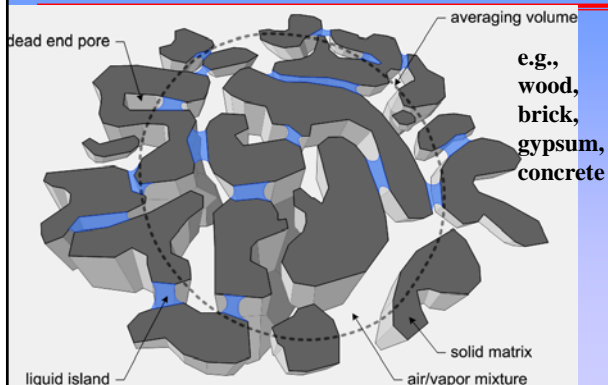
36

Nature of Porous Materials

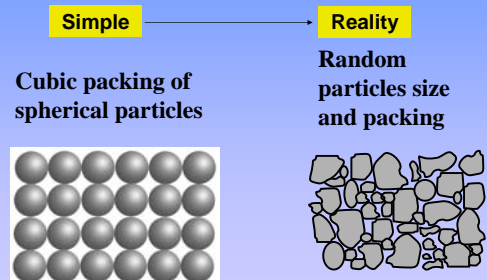
- Many materials interact with moisture!
- Many building materials are porous
 - wood
 - concrete, brick, gypsum
- Nature of material is as important as nature of water



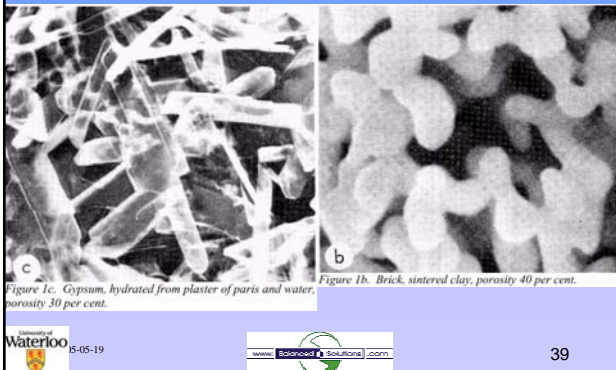
Slice through a porous material



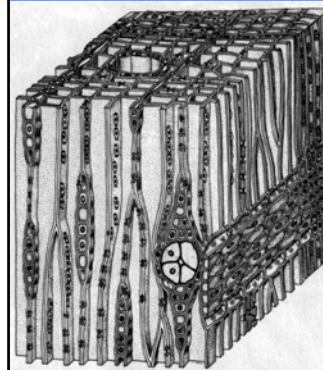
Simple Models



Real Materials



Isotropic mat's: Wood Structure



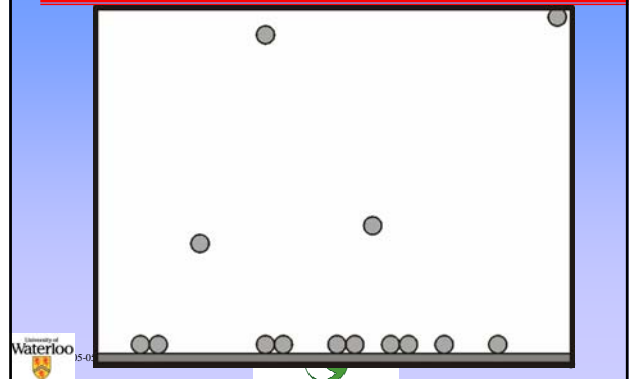
- Equivalent to a bundle of tubes
- flow along grain much faster

Surface tension in small tubes can feed water up 100m (300 ft) tall trees

Storage Mechanisms

- **Basic mechanisms**
 - **in materials**
 - capillary pores (bound liquid, vapour, ice)
 - sorption (adsorbed)
 - **in enclosures**
 - pools and puddles (free liquid)

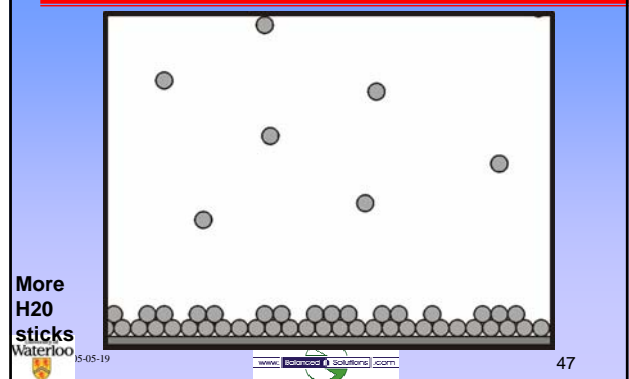
Adsorption Lower RH



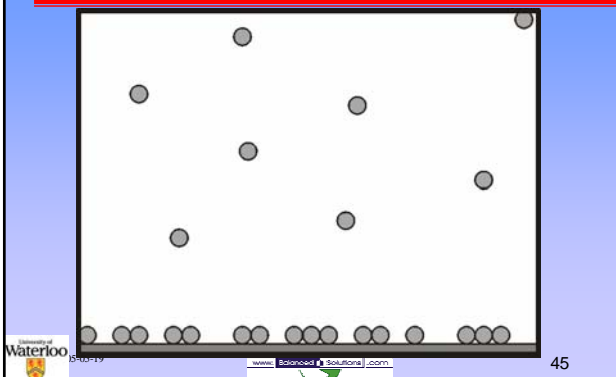
Adsorbed State of Moisture

- **Poorly understood by most**
- **Water vapour molecules stick to surfaces**
 - like dust on glass table
 - dynamic balance
 - molecules stick and leave
 - depends on energy of water vapour
- **Very important for porous materials with large surface areas**

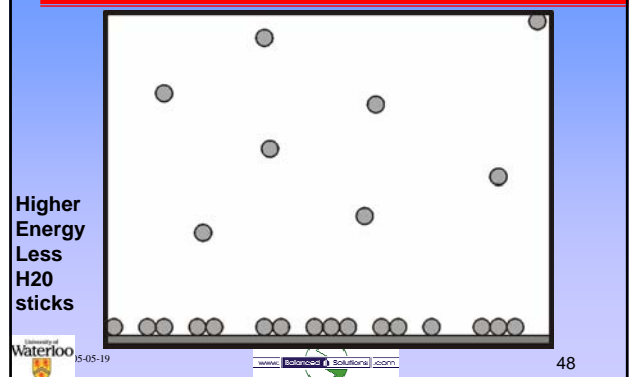
Adsorption higher RH



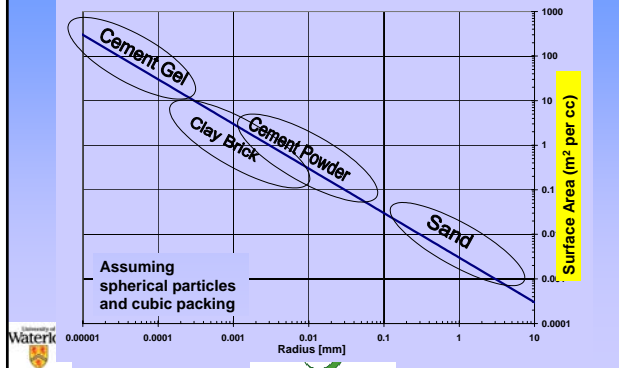
Adsorbed Moisture



Adsorption - higher temperature

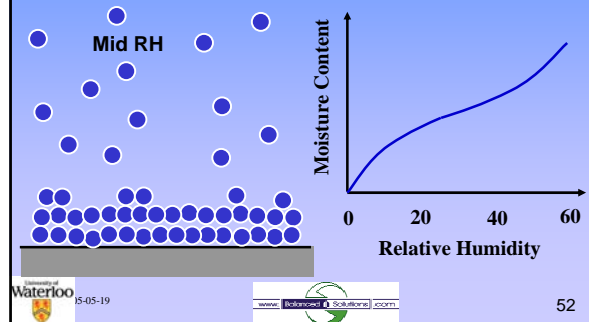


Materials - Lots of surface area



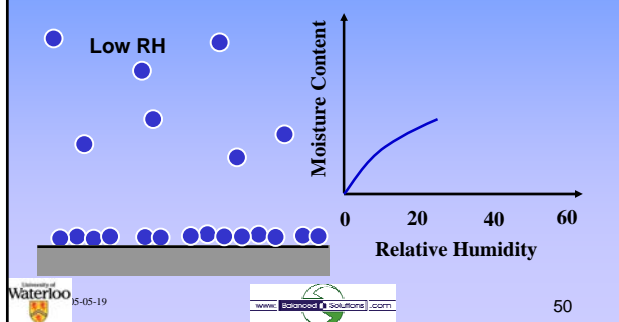
Adsorbed Moisture

Multi-layer of molecules



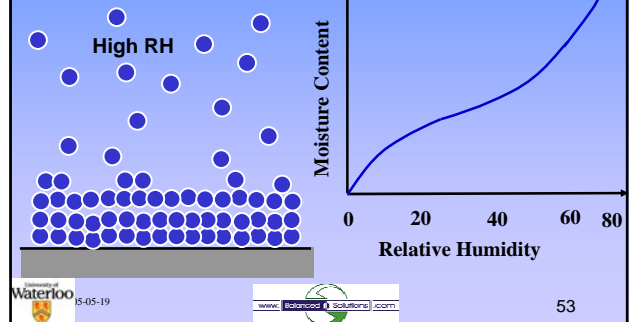
Adsorbed Moisture

One layer of molecules



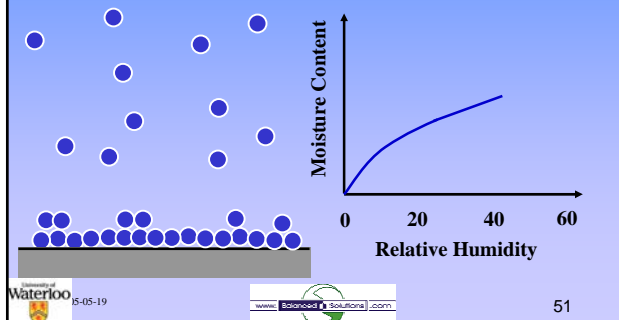
Adsorbed Moisture

Multi-layer of molecules



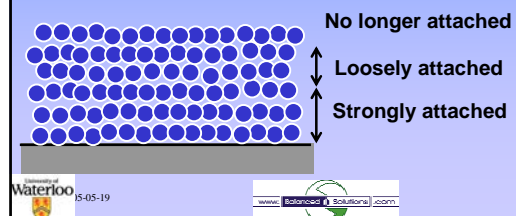
Adsorbed Moisture

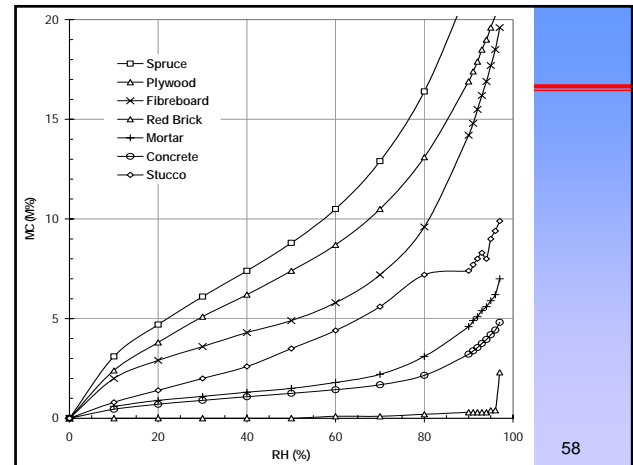
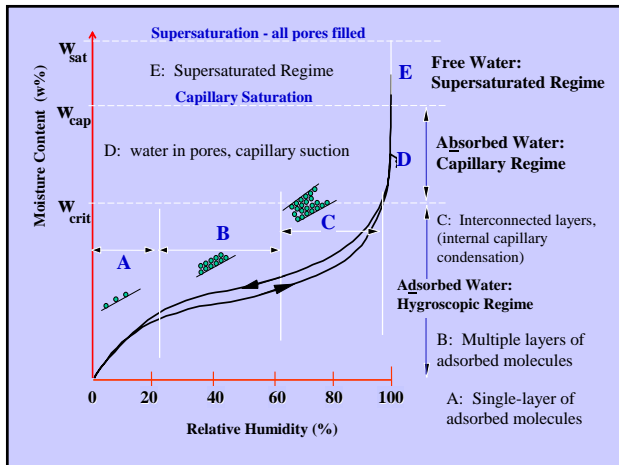
Multi-layer of molecules



Condensation

- Thick layers form
- no longer attracted strongly to surface





58

Moisture Regions

- **Hygroscopic**
 - dry to the touch but still moisture
 - e.g., wood can store over 25% by weight
- **Capillary range**
 - wet to touch, but no draining (sponge)
 - e.g., brick 5 to 20% by weight
- **Over-saturated range**
 - water drains from material
 - e.g., crushed stone

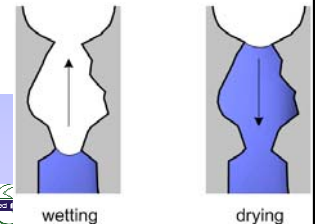
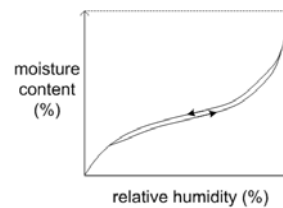
University of Waterloo
15-05-19

www.colsonsoft.com

56

Hysteresis of Sorption

- **Ink Bottle effect**

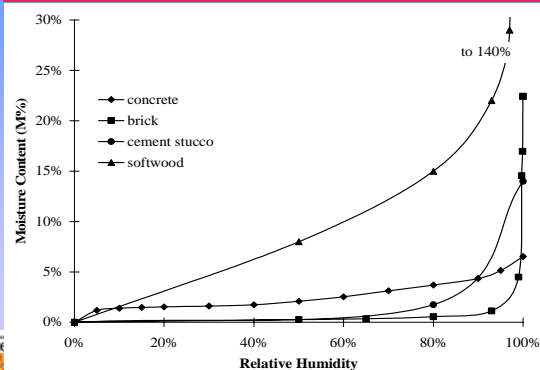


University of Waterloo
15-05-19

www.colsonsoft.com

59

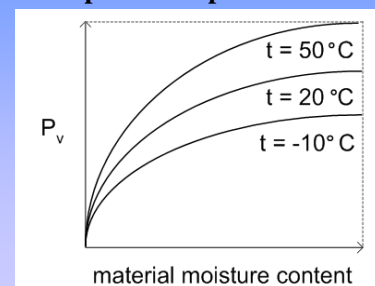
Sorption



University of Waterloo

Sorption vs Temperature

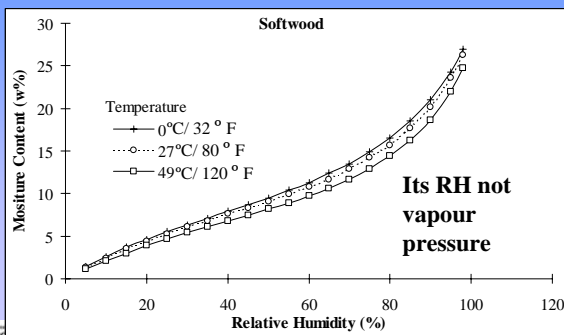
- **Sorption vapor vs temperature and MC**



University of Waterloo
15-05-19

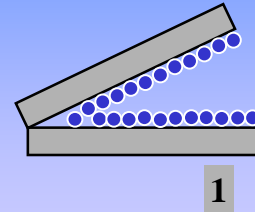
60

Temperature Effects



61

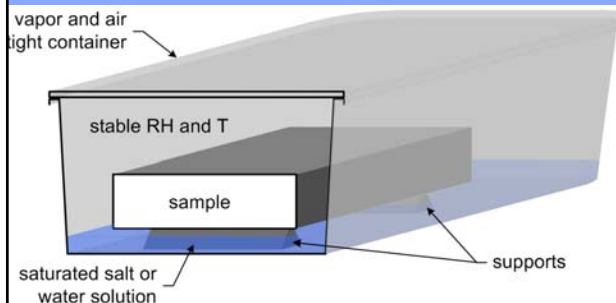
Swelling



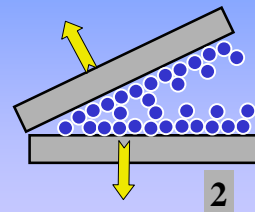
64

Sorption test

- Tupperware Standard- Balanced ASTM



Swelling



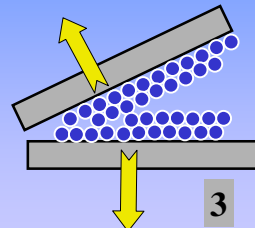
65

Significance Of Regions

- mould, corrosion
 - tend to begin around 80%
 - layer is thick enough that “free” H₂O is avail.
- Swelling
 - only occurs in hygroscopic range
- Freeze-thaw
 - capillary range

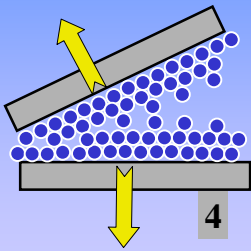
63

Swelling



66

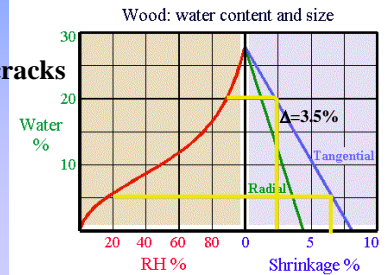
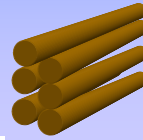
Swelling



4

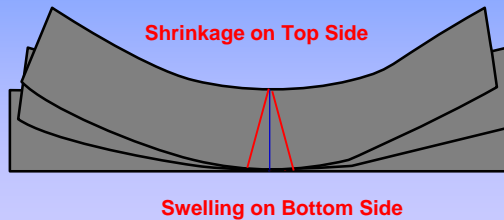
Wood Swelling and Shrinkage

- Wood acts as a bundle of tubes
- Shrinks across grain, not along
- Only during adsorption
- E.g. Drywall cracks

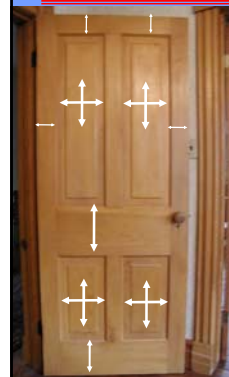


Swelling Causing Curving

- E.g., concrete slab curl
- Deck Board cupping



Colonial Doors



Designed so that frame has nearly no cross grain
Cross-grain panels slide



Detail Section

Moisture Swelling



Frame Shrinkage

Wood expansion
Concrete Shrinkage

Stucco Shrinkage



Moisture Transport

- Moves from high concentration to less
- This does not always mean more moisture content or more vapour pressure!
- Each phase should be considered separately
 - liquid
 - vapor (diffusion and air leakage)
 - adsorbed
 - ~~ice~~

University of Waterloo 15-05-19 www.balanced1solutions.com 76

Solutions

- Allow movement
- Cupping
 - Reduce gradient
 - Reduce thickness
 - Reduce stiffness & restrain
- Shrinkage swelling
 - Reduce range of RH
 - Reduce rate of change
 - Reduce cross grain!

University of Waterloo 15-05-19 www.balanced1solutions.com 74

Liquid flow

- May be driven by:
 - gravity
 - pressure differences (air or water)
 - capillary pressures
- Capillary – 0 to 10 MPa (M!) 2000 psi
- Gravity always acts, downward
 - About 10 000 Pa/m (1.3 psi/yd = 15 psi/33 ft)
- Air pressure varies
 - wind typically < 100 Pa (0.015 psi = 2 psf)
 - short 1000 Pa bursts (0.15 psi = 20 psf)

University of Waterloo 15-05-19 www.balanced1solutions.com 77

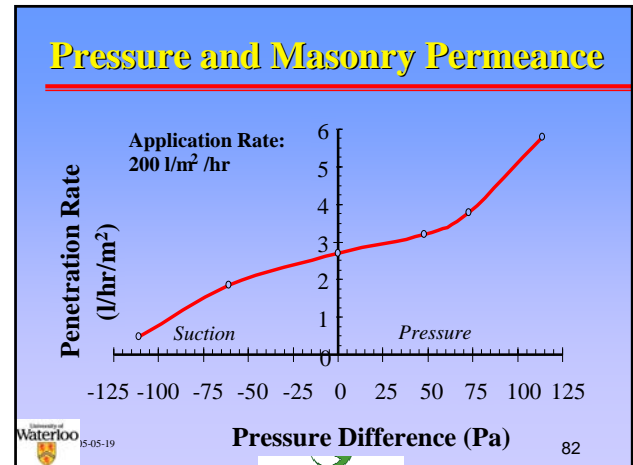
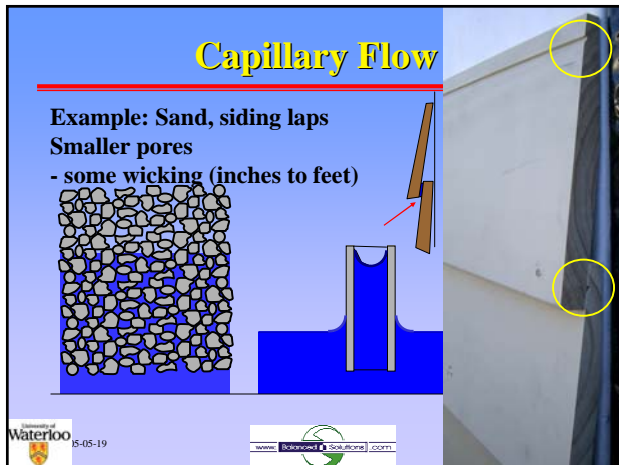
Moisture Transport

University of Waterloo 15-05-19 www.balanced1solutions.com

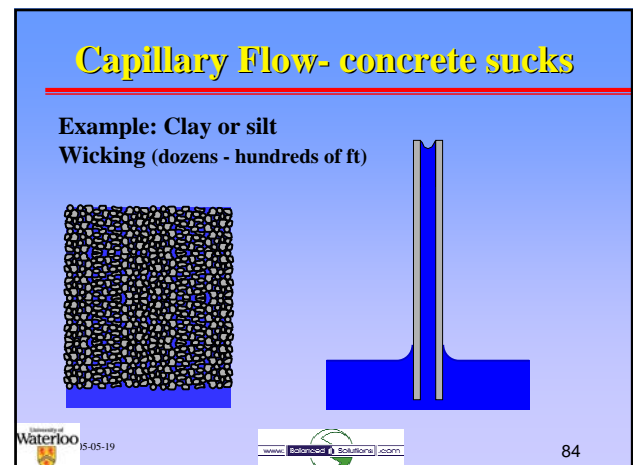
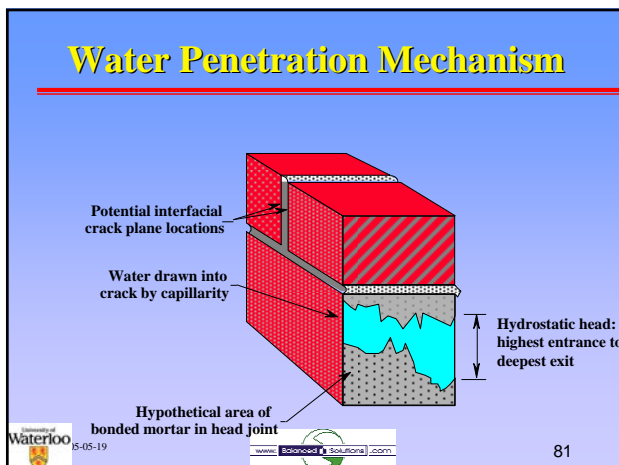
Capillary Flow

- Eg. : Crushed stone, air gaps
- large pores - no suction (“wicking”)

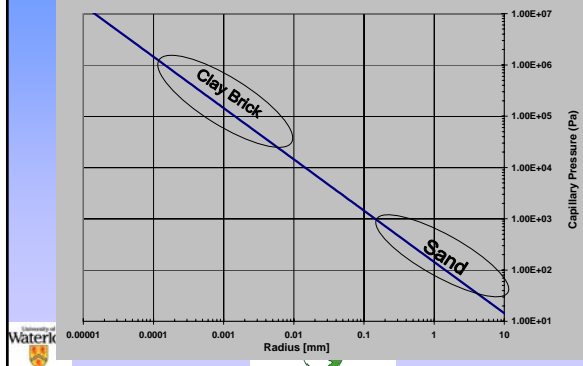
University of Waterloo 15-05-19 www.balanced1solutions.com 78



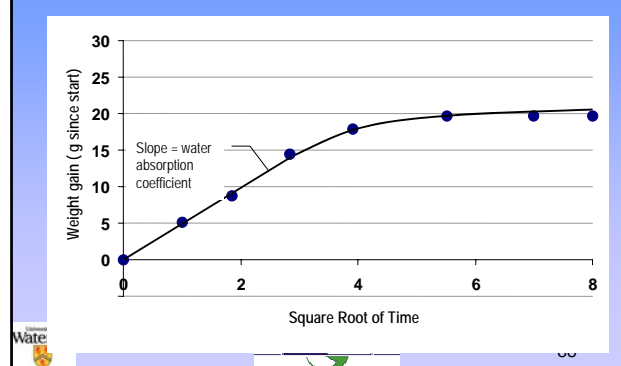
- ### Implications
- Air pressure does not substantially increase water permeance of masonry
 - Hence, pressure equalization is not that important
 - Drainage is the key
- University of Waterloo 18-05-19
www.balanced-solutions.com



Particle Size vs Capillary Suction

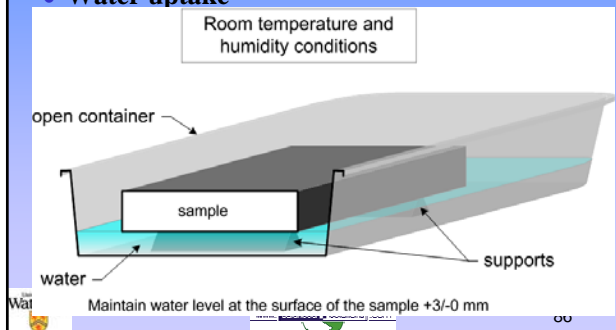


Typical results



Measuring Liquid Transport

• Water uptake



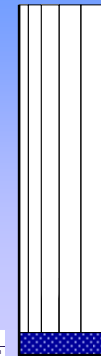
Liquid transport: wetting

Role of pore structure

Place porous material in contact with water

Small capillaries have large suction and large flow resistance

Large capillaries have less suction and little flow resistance



University of Waterloo 18-05-19

www.balanced-solutions.com

89

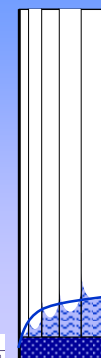


Liquid transport: wetting

Role of pore structure

Small capillaries have large suction but large flow resistance

Large capillaries have less suction but little flow resistance



University of Waterloo 18-05-19

www.balanced-solutions.com

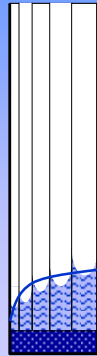
90

Liquid transport: wetting

Role of pore structure

Small capillaries have large suction and large flow resistance

Large capillaries have less suction and little flow resistance

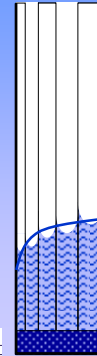


Liquid transport: wetting

Role of pore structure

Small capillaries have large suction and large flow resistance

Large capillaries have less suction and little flow resistance

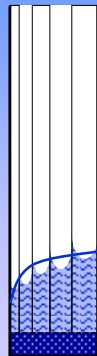


Liquid transport: wetting

Role of pore structure

Small capillaries have large suction and large flow resistance

Large capillaries have less suction and little flow resistance

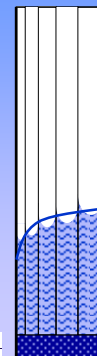


Liquid transport: wetting

Role of pore structure

Small capillaries have large suction and large flow resistance

Large capillaries have less suction and little flow resistance

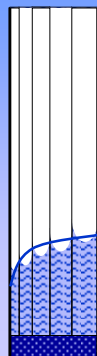


Liquid transport: wetting

Role of pore structure

Small capillaries have large suction and large flow resistance

Large capillaries have less suction and little flow resistance

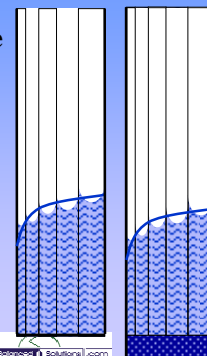


Liquid transport: redistribution

Role of pore structure

Small capillaries have large suction and large flow resistance

Large capillaries have less suction and little flow resistance

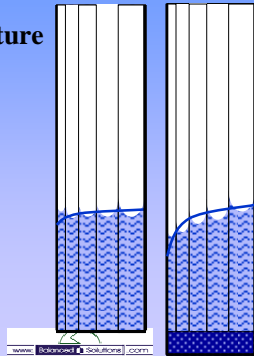


Liquid transport: redistribution

Role of pore structure

Small capillaries
have large suction
and large flow
resistance

Large capillaries
have less suction
and little flow
resistance

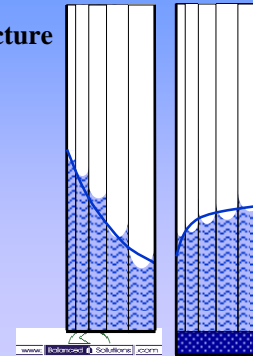


Liquid transport: redistribution

Role of pore structure

Small capillaries
have large suction
and large flow
resistance

Large capillaries
have less suction
and little flow
resistance

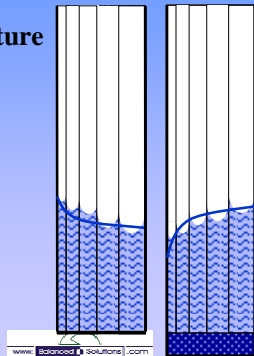


Liquid transport: redistribution

Role of pore structure

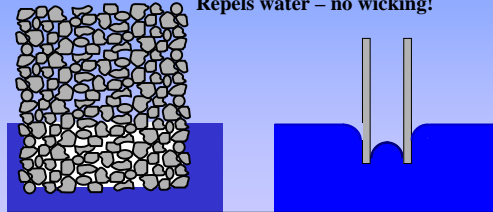
Small capillaries
have large suction
and large flow
resistance

Large capillaries
have less suction
and little flow
resistance



Hydrophobic

Example:
silicone impregnation,
many (clean) plastics and polymers
Repels water – no wicking!

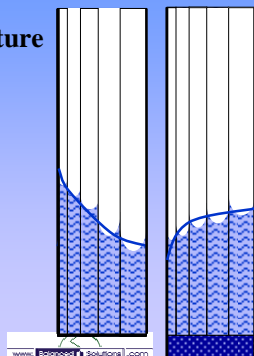


Liquid transport: redistribution

Role of pore structure

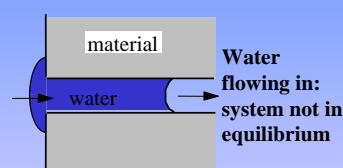
Small capillaries
have large suction
and large flow
resistance

Large capillaries
have less suction
and little flow
resistance

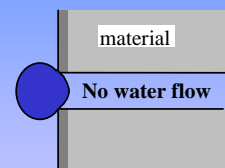


Water Repellents

E.g., silicone



Normal, capillary
active material



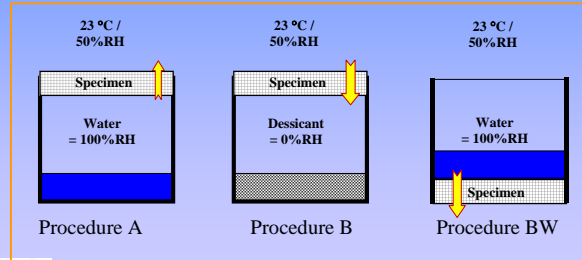
Hydrophobically
treated material

Capillary break

- Either
 - no pores (glass, plastic, steel, etc.)
 - Large pores (say 1/16", 3 mm)
 - Air gap (very small is enough)
 - hydrophobic

Vapour Permeability Measurement

- e.g. ASTM E96

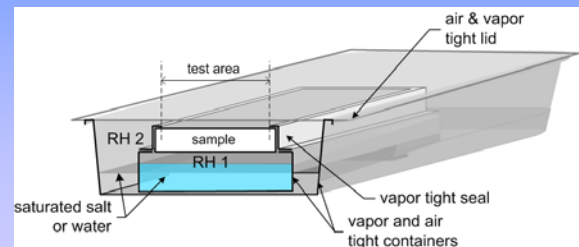


Water Vapour Transport

- Vapour Diffusion (like heat conduction)
 - more to less vapour
- Air Convection (like heat convection)
 - more to less air pressure
 - flow through cracks and holes
 - vapour is along for the ride

The Tupperware standard

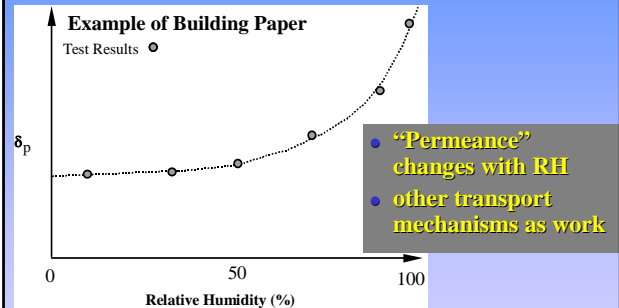
- Can conduct tests in your own kitchen with special salts and good scale



Vapour Diffusion

- Slow process – through open pores
- Some materials allow easy diffusion
 - Very open pores
 - e.g. batt, gypsum, cellulose, etc
- Many materials resist diffusion
 - small pored materials
 - e.g., concrete, brick, stone
- Some stop, or practically stop it
 - crystals, or micropore
 - e.g., many plastics (poly), metals, glass

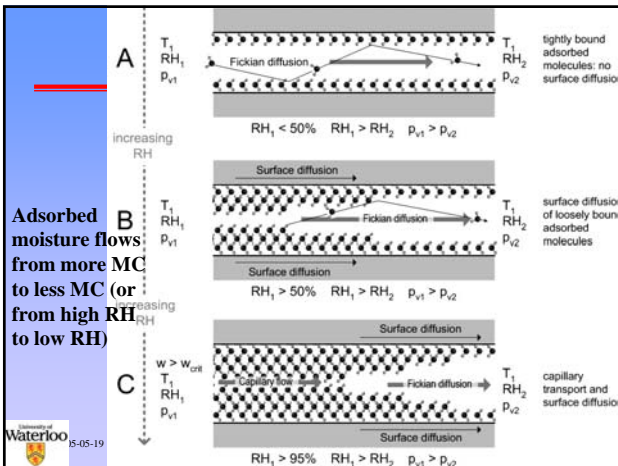
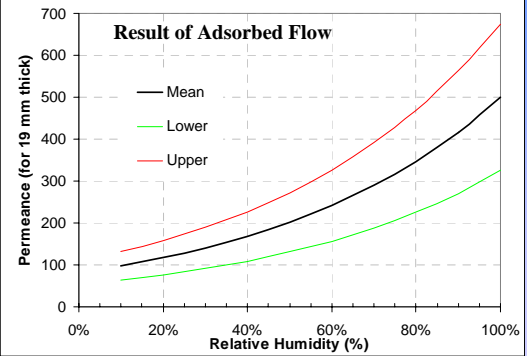
Vapour Permeance vs RH



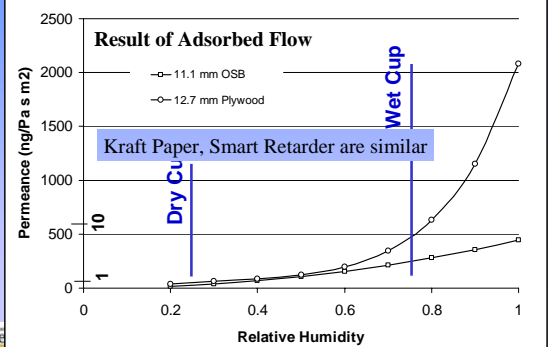
Adsorbed Flow

- Also called surface diffusion
- Driven by RH differences!
- Affects highly porous, especially fibrous natural materials

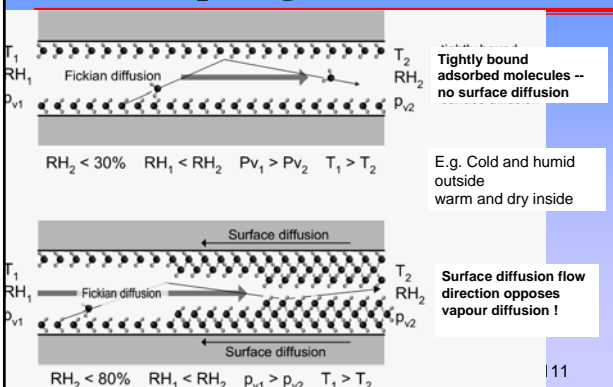
Vapour Permeance: Stucco



Vapour Permeance: Sheathing

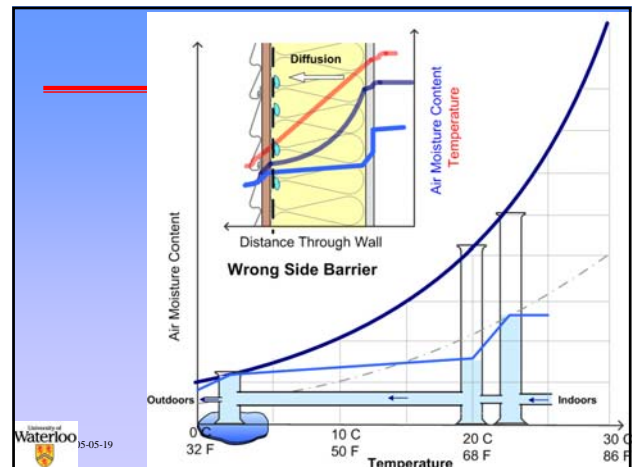
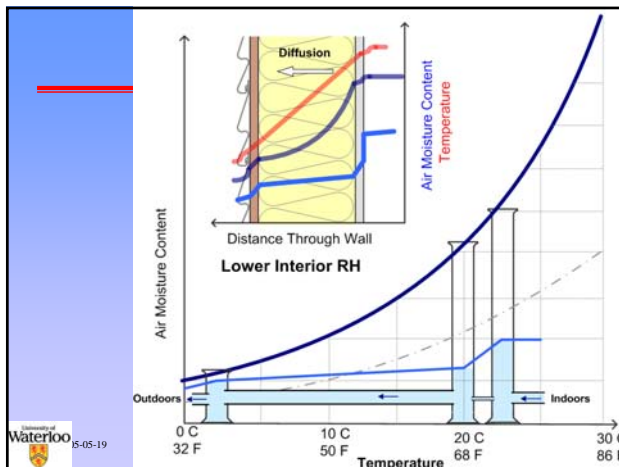
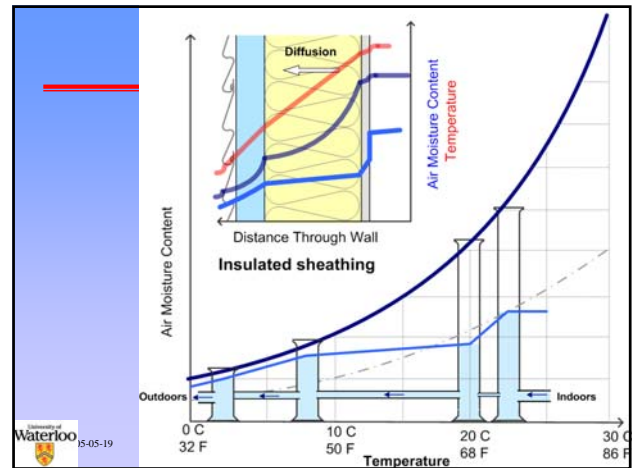
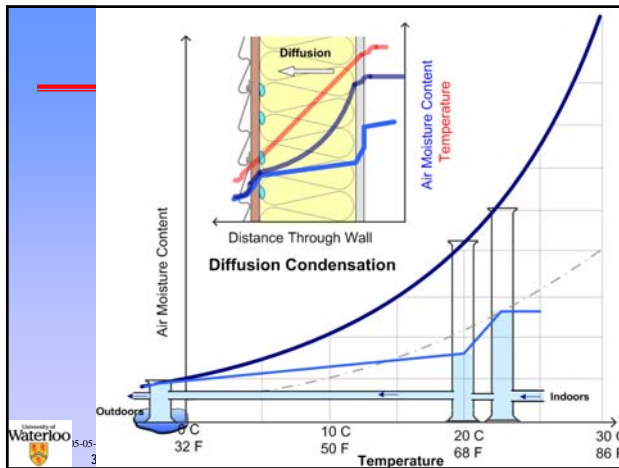
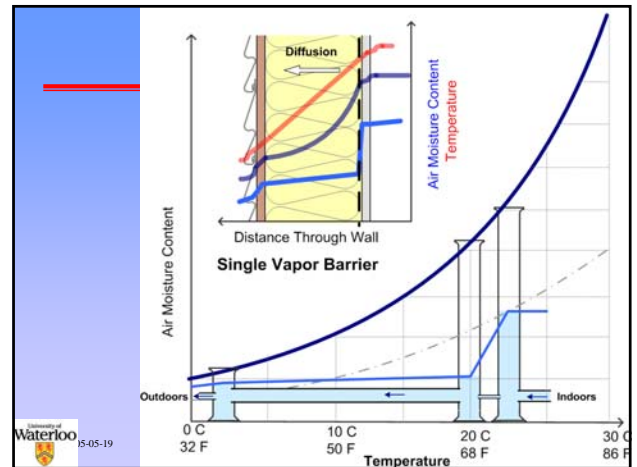
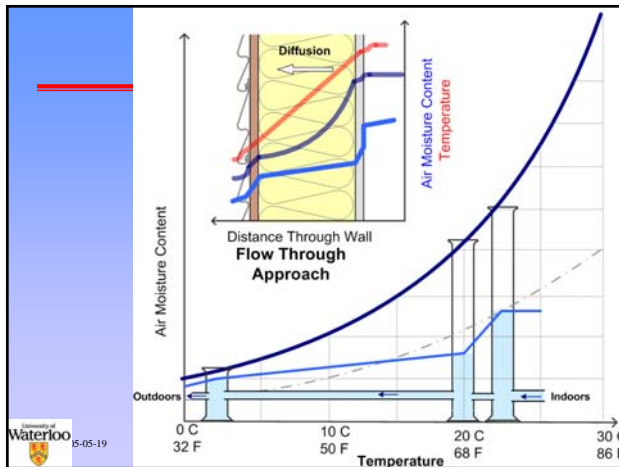


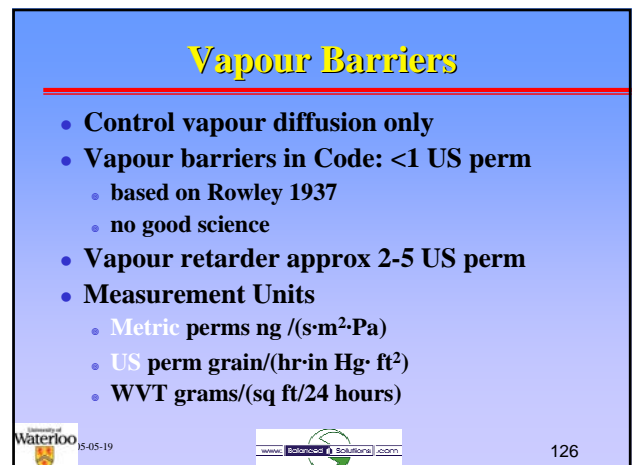
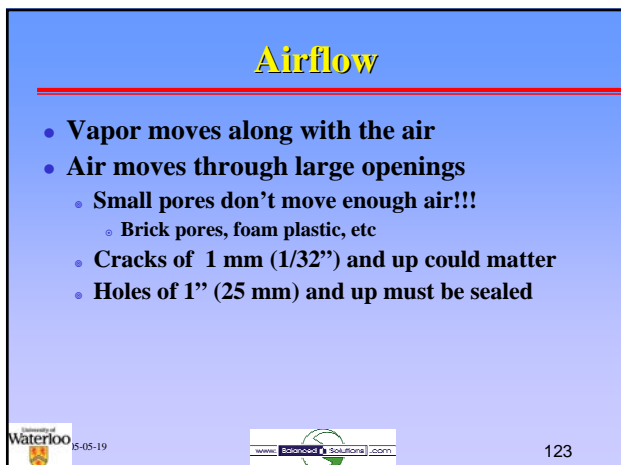
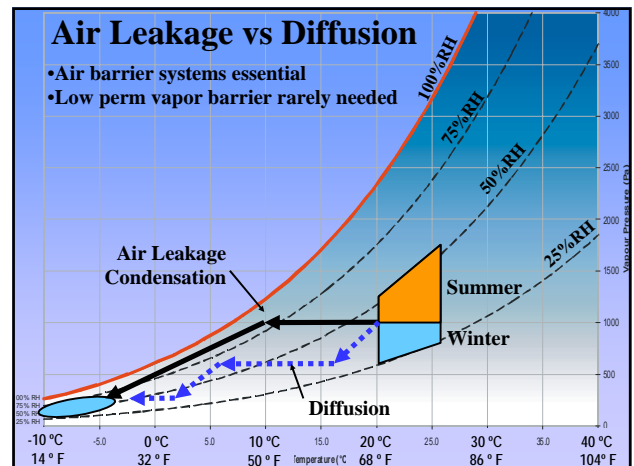
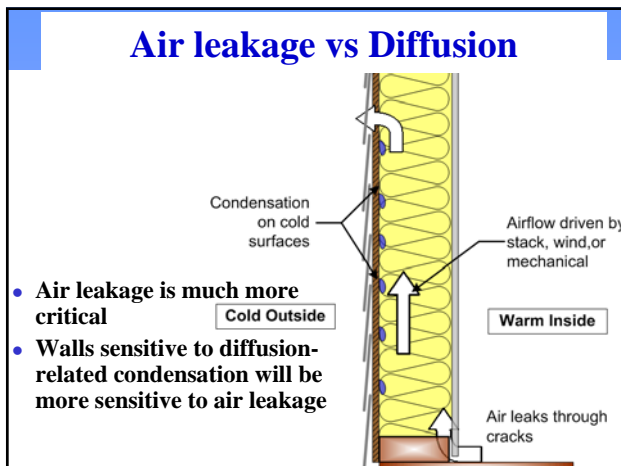
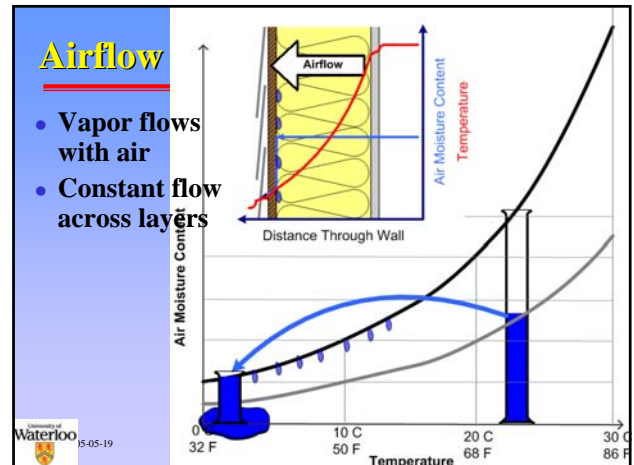
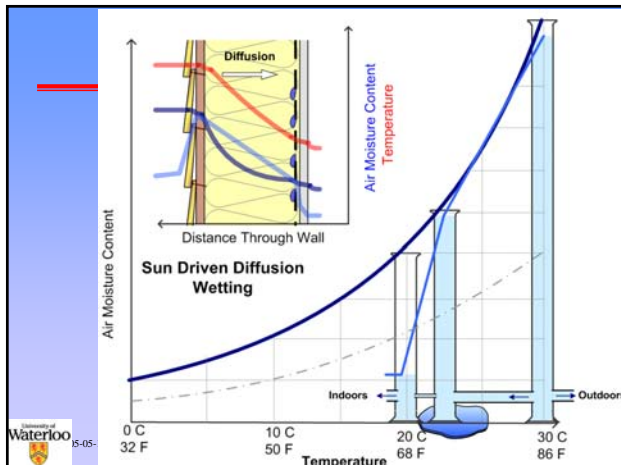
Competing Mechanisms



Vapour Barriers/Retarders

- Vapour retarders are needed to *control vapour diffusion*
- Don't need be continuous – small tears and openings OK
- Usually placed near the warm side of the wall or roof -- near the inside in cool climates
- Semi-permeable barriers allow more design flexibility (and more drying)





Low-permeance Materials

- 6 mil Poly 3.5 metric (0.1 US perm)
- Vinyl wall paper 15 metric perm (0.3 US)
- Concrete 1/2 perm for 8" foundation wall
- Drywall with a VB paint 0.3 to 1 perm
- Brick veneer (1/2 - 2 US perms)
- Extruded foam 1/2 - 1 US perms for 1.5"
- Plywood 0.5 to 20 US perms (dry to wet)
- Kraft paper 0.3 to 2 US perms (dry and wet)

Summary Moisture Transport

- Moisture in 3 phases moves with three mechanisms
 - Liquid capillary (suction)
 - Adsorbed flow (RH)
 - Vapour diffusion (vapor pressure)
- Moisture storage in all three phases, only two important for hygroscopic
 - Adsorbed (RH)
 - Liquid (capillary suction)

Semi-permeable Materials

- Plywood 0.5 to 20 US perms (dry to wet)
- Expanded foam 2.5 - 5 US perms for 1 inch
- Spray PUR about 2 US perms
- Drywall with latex paint (2-5 US perms)

Air Barriers

- Not code required in most places
- Material property is not that important
 - Air permeance, say $<0.1 \text{ l/s/m}^2$ @ 75 Pa
 - Joints, penetrations, interfaces leaks
- Requirements
 - Continuous
 - Strong
 - Stiff
 - Durable

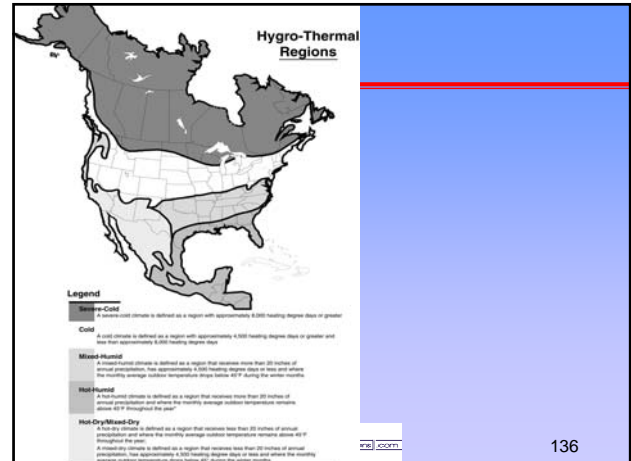
High-perm Materials

- Fibreboard over 20
- Plywood 0.5 to 20 (dry to wet)
- Icynene open cell spray foam 10 - 13
- Tyvek other housewraps 20 to 50 perms
- Building paper over 10 to 30

Moisture Thresholds

Material Performance Thresholds

- Depends on *What* Performance
 - Corrosion
 - Mould
 - Decay
 - Freeze-thaw
 - Dissolution/Dissociation
- Also, mechanical properties, insulating, etc.



Performance of What?

- Materials - asphalt, paper
- Layers - building paper
- Sub-assembly - lapped, between airspace/sheathing
- Assembly - drained stucco over steel stud
- Enclosure - wall, joints, window
- Building - 12 storey apartment bldg
- Site - seashore or sheltered
- Climate - Miami or Minneapolis

Material Performance

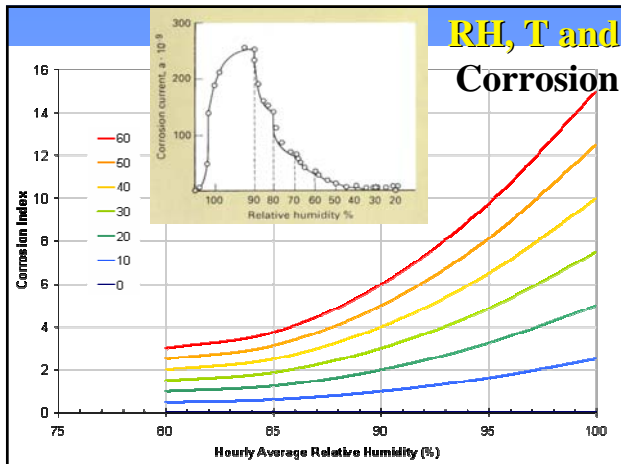
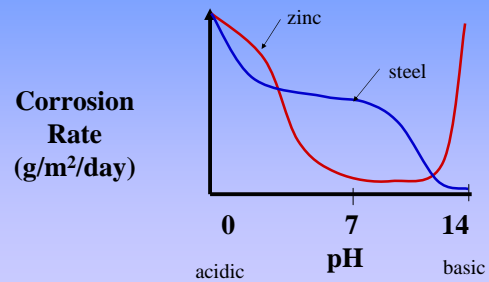
- How to predict performance?
 1. We test materials or layers.
 2. Model assemblies in specific climates.
- Must know loads, microclimate
- **“No Wrong Material, Just Materials Used the Wrong Way”**



Steel Corrosion

- Electrochemical Process - oxygen + electrolyte
- Can begin if RH>80%
- Coatings protect
- Zinc galvanizing is sacrificial
- Factors
 - Temperature (Arrhenius Law)
 - Time of Wetness (TOW)
 - pH of environment

pH and Zinc Corrosion

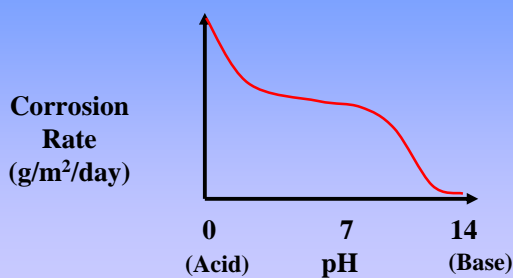


RH, T and Corrosion

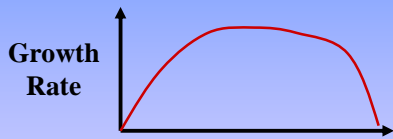


- Spores and toxins cause immuno-depression
- LBL estimates US health and productivity losses at \$30 to 100 billion/yr
- "Sick Building Syndrome"

pH and Steel Corrosion

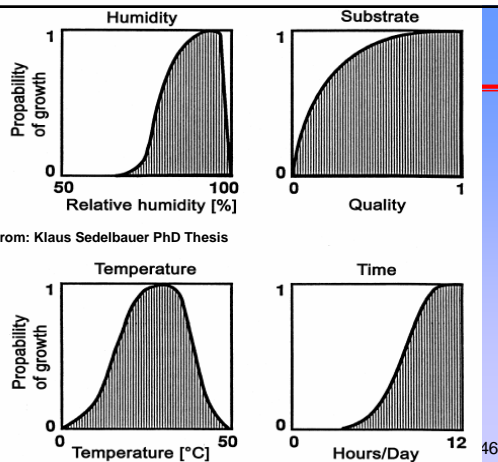
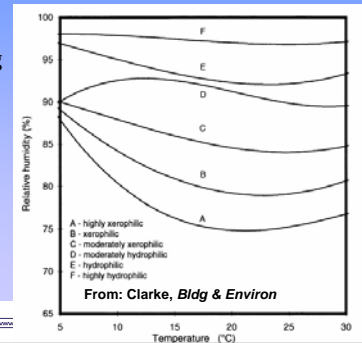


Mould Growth On Surfaces

- **Surface** Humidity > about 80%RH
 - Temperature 5C/40F - 50C/120F
- 
- Growth Rate
- 0C/32F Temperature 50C/120F
- Food Source (cellulose, soap, wood, oil)
 - pH - usually less than 8 - 10

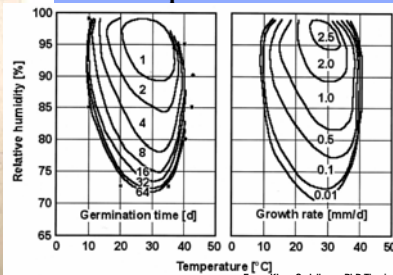
Minimum Levels

- Different species = different conditions
- Dynamically varying mix as substrate and conditions change



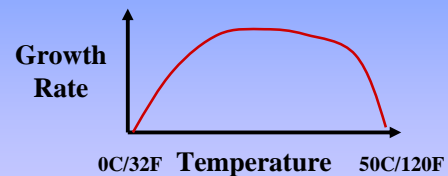
Germination & Growth

- Time for spore germination
- Rate of Growth
- Plots for perfect food source

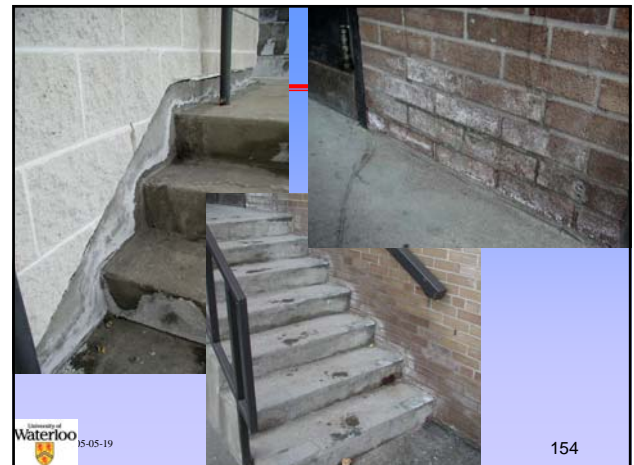


Wood Decay

- Surface Humidity > 95%RH, MC>30%
- Temperature 5C/40F - 50C/120F



- Highly species, sample, exposure dependent



Freeze-thaw

- Must be nearly saturated while freezing
- Factors
 - degree of saturation
 - how cold
 - rate of freezing
 - pores size distribution
 - liquid diffusivity

University of Waterloo 15-05-19 www.balanced-solutions.com 152

Dissolution

- Water is the universal solvent
- Avoid capillary saturation
- e.g.:
 - EIFS finish re-emulsification
 - Gypsum becomes goo
 - paper unglues

University of Waterloo 15-05-19 www.balanced-solutions.com 155

Subfluorescence

- Salts absorbed in porous mineral material while dissolved in liquid water
- Water evaporates salts recrystallize

University of Waterloo 15-05-19 www.balanced-solutions.com

Microclimate

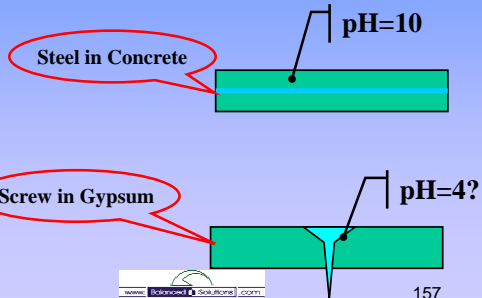
- Surface Humidity

$T = 14.5\text{ C}$, $RH = 85\%$
 $T = 20\text{ C}$, $RH = 60\%$

University of Waterloo 15-05-19 www.balanced-solutions.com 156

Microclimate

- pH Acid or Alkaline



Conclusions

- Moisture control is a balance of wetting and drying
- Water is a unique molecule
 - Adsorption – swelling/shrinking
 - Capillary / surface tension
- Separate the phases
 - Vapor, liquid, adsorbed, solid
- ... and transport modes ...
 - Diffusion, convection, capillary, adsorbed
- ... when thinking about moisture